

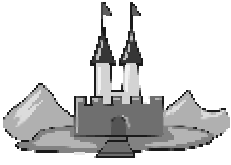
Name _____ Date _____

My Journal for October

(year)

Name _____ Date _____

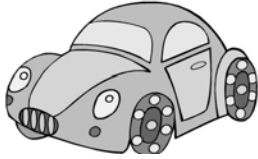
October 1st Walt Disney World opened



**In 1971, Walt Disney World opened on October 1st.
On the same day in 1982, the Epcot Center was opened.
Have you ever been to Disneyland or Disney World? If you have,
describe your experience. If you haven't, would you like to go?
Why or why not?**

Draw a picture of yourself enjoying a theme park (maybe on a ride!).

Name _____ Date _____



October 2nd Name Your Car Day

Take a good look at your family car. Now sit down and decide what you will name it! If you can, look up a few names using the Internet or a “baby names” book to find the meaning behind the name. When you finally choose, tell what you have named your car, and why.

Draw a picture of your family’s car.

Name _____ Date _____



October 2nd Mohandas Gandhi's Birthday

Mohandas Gandhi was born in 1869. He believed in peaceful solutions to problems. Do you agree with him? How can you solve problems peacefully?

Write a poem about peace.

PEACE

Name _____ Date _____

October 4th National Golf Day



Golf has become a very popular sport. Have you ever played golf? If not would you like to learn?

Draw a picture of you and your friends playing golf.

Name _____ Date _____

October 5th World Teacher's Day

A good teacher is very important. Good teachers care about teaching their students. What, in your opinion, makes a person a good teacher?

Make a card for a teacher (either your current teacher, or a past teacher) to say how much you appreciate all their hard work.

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Name _____ Date _____

October 6th Child Health Day

It is important to create healthy habits while you are young. Think of the healthy habits you already have. How did you learn about these healthy habits? What other healthy habits could you try?

Use this chart to help you keep track of your healthy habits. Use tally marks to keep track of your progress.

Healthy Habit	Week 1	Week 2	Week 3	Week 4	Week 5

Name _____ Date _____

October 8th – October is Family History Month

Ask an older member of your family about an important event that happened in your family history. Write about it.

Draw a picture of your family.

Name _____ Date _____

October 10th –October is Dinosaur Month

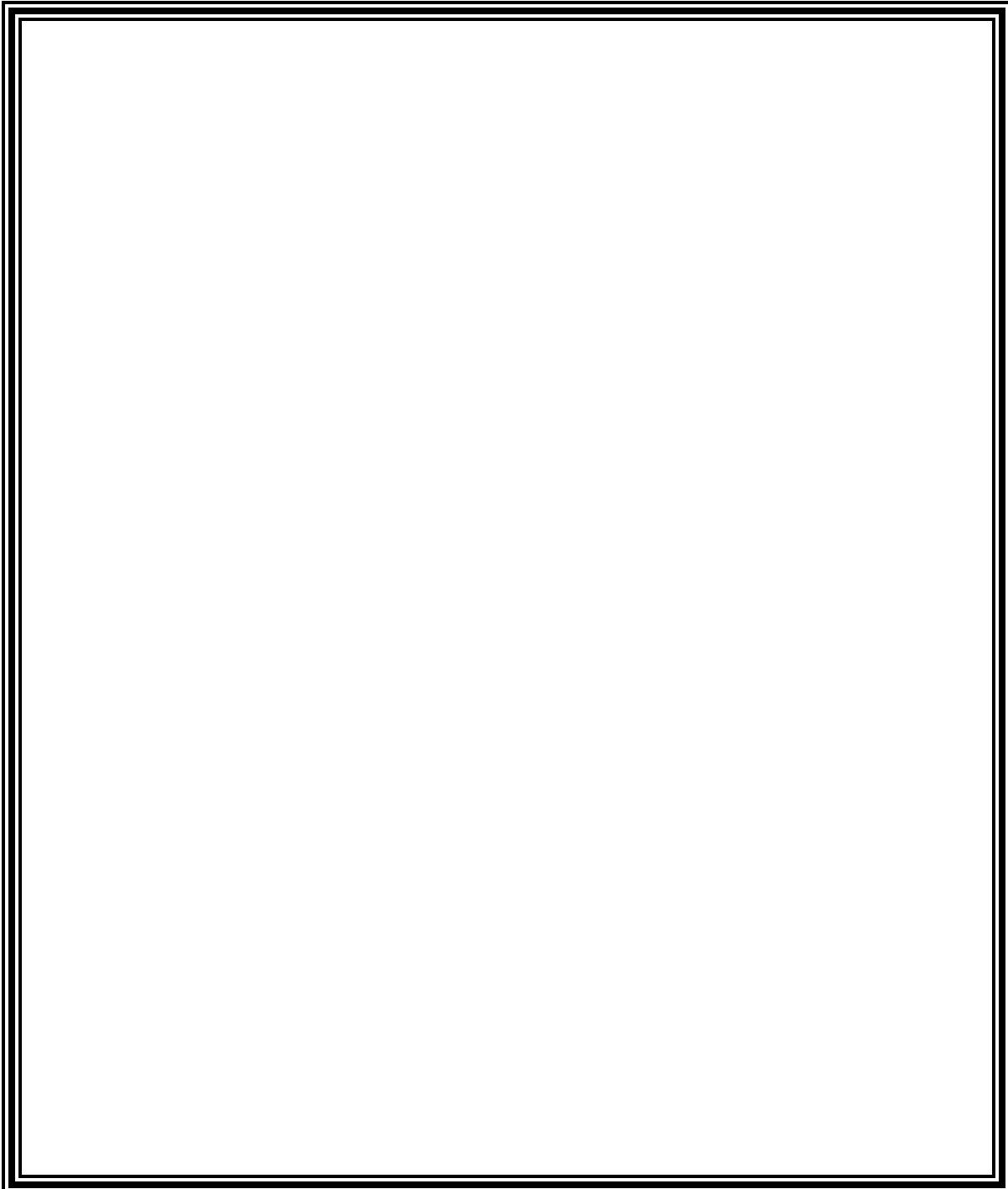
If you could be a dinosaur, which one would you be? Why? Write about your favorite dinosaur, its habitat, diet, etc., as well as when it lived.

Draw a picture of your favorite dinosaur.

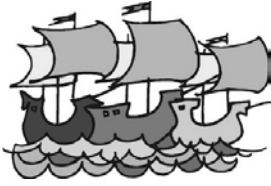
Name _____ Date _____

October 11th –October is Youth Against Tobacco Month

Smoking is a habit that is very unhealthy. It causes many health problems. Many people die each year because of smoking and chewing tobacco. Create a poster that warns children and young adults about the dangers of smoking.



Name _____ Date _____



October 12th Columbus Day (second Monday in October)

On October 12th, 1492, land was sighted from aboard the *Pinta*, one of Columbus's traveling vessels. How do you think Columbus and his crew felt?

The first "Columbus Day" was celebrated on October 12th, 1792. Why do you think people celebrate this day?

Draw a picture of the *Pinta*, the *Nina*, and the *Santa Maria*.

Name _____ Date _____

October is Adopt-A-Dog Month

The American Humane Society suggests adopting dogs from shelters, rather than buying them. Imagine that you went to an animal shelter to look for a dog. Which one would be right for you? If you could own any type of dog you wanted, what kind would it be? What would you have to do to take care of your dog?

Draw a picture of yourself with your (real or dream) dog.

Name _____ Date _____

October 14th National Dessert Day

Imagine that you are in a pastry shop, looking for a special treat. You can't see the dessert you like on the menu.

"No problem," says the dessert chef. "As it is National Dessert Day, if you can tell me exactly what you want, I will make it for you."

Describe in detail how your special dessert would look, smell, and taste. What ingredients will it include?

Draw a picture of your dessert.

Name _____ Date _____

October 15th Stamp Collecting Month

In honor of National Stamp Collecting Month, the postal service has asked you to choose a theme of your favorite things, from which they will create a stamp series honoring you! What will the theme be? How many stamps will be in the series? What will the stamps be of?

Draw the first stamp in the series.

Name _____ Date _____

October 16th Dictionary Day

October 16th is Noah Webster's birthday (1758 – 1843). Noah Webster was the creator of America's first dictionary. Before Webster's dictionary, Americans all over the country had different spellings for the same words. Some words had different meanings. Do you think dictionaries are helpful?

Look up the word "school" in the dictionary. Can you find more than one meaning? Write two meanings for the word school.

1.

2.

Name _____ Date _____

October 17th --October is Pizza Month

Imagine that you are an Italian chef. Your restaurant is in an area with too many pizza restaurants. Your pizzas are perfect, but the competition is strong! You have decided to make a commercial, telling your customers why they should pick your pizza over the others. What makes a perfect pizza? How will you explain your perfect pizza in the commercials so that all of the people will come to your restaurant?

Bagel Pizza

Spread pizza sauce on half a bagel.

Sprinkle mozzarella cheese over the pizza sauce.

Place a favorite topping, like pepperoni or tomato slices, over the cheese.

Place the bagel pizza in the microwave for 1 minute, or until cheese is melted. (For crispy pizza, ask a parent to place the bagel pizza in a toaster oven or broiler.)

Enjoy!

Name _____ Date _____

October 18th Sweetest Day is celebrated on the third Saturday in October

Sweetest Day is a little bit like Valentine's Day. It probably originated in Cleveland, although it is becoming increasingly popular across the United States. On Sweetest Day, people do nice things for others. It isn't necessary to spend money on Sweetest Day—you can do a good deed or leave a small homemade gift or a letter on someone's doorstep. What could you do for someone for Sweetest Day?

Make a card for someone for Sweetest Day.

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Name _____ Date _____



October 20th Dental Hygiene Month

Taking care of your teeth is one of the nicest things you can do for yourself. Healthy teeth make a good impression (when you smile!), and they help you to eat right—which helps your body to stay strong and healthy.

Do you take care of your teeth? What do you do?

How often do you visit the dentist? Tell about your last visit to the dentist.

On the other side of this page, draw a picture of your very nicest smile.

Name _____ Date _____

October 24th United Nations Day

The United Nations was established in the spring of 1945. Representatives from 50 countries gathered to create the U.N. Charter, which went into effect on October 24th of that year.

Why do you think it is important for nations to meet and discuss important things happening in the world?

Name _____ Date _____

October 25th Make a Difference Day

Make a Difference Day is a time to focus on helping improve your community. What could you do? Think about what your community needs. Maybe you could hold a clothing drive, and donate the clothes to a shelter in your area. What could you or your classroom do to make a difference?

Draw a picture showing you and your friends helping others.

Name _____ Date _____

October 26th –October is Clock Month

In October, many people throughout the world (including most of the United States) change their clocks to end “Daylight Saving Time”.

Imagine that you have just invented a time machine! Would you go to a time before clocks? Would you go to the 18th century to meet Benjamin Franklin (who is credited with inventing Daylight Saving Time)? Where will you go for your first adventure, and why?

Draw a picture of your time machine.

Name _____ Date _____

October 27th –October is Pasta Month

Pasta, originally from Italy, is now one of the most popular dishes in the United States. There are so many different flavors, shapes, and textures of pasta, everyone is sure to have at least one kind of pasta they like! Do you like your pasta plain, or with sauce? What is your favorite kind of pasta? Why is it your favorite? How often do you eat it? How often would you eat it if you could?

On the other side of this page, draw a picture of yourself eating your favorite pasta.

INTERESTING PASTA FACT: The Guinness Book of World Records has a category for “fastest noodle maker”. The latest record was for more than 4000 noodles in less than 40 seconds! Do you know how to make fast noodles? Make a “snake” with the noodle dough. Then fold the snake in half and pull on the dough. Then fold it in half again and pull on the dough. Repeat this folding and pulling method over and over until the strings are thin and almost breaking!

Now you try it!

Basic Noodle Dough

Mix 2 cups of flour with 1 tablespoon of salt.

Add one egg, 2 tablespoons of oil and ½ cup of water.

Mix well to make soft dough.

Try the above method for making noodles or roll flat and cut strips.

Boil for 8-10 minutes.

Enjoy!

Name _____ Date _____

October 28th --October is Country Music Month

Imagine that you are a country music singer. But first, you have to make up a country song. Many country singers write about things that happen in their life. Write a country song about something in your life.

Draw a picture of yourself singing your song at a concert.

Name _____ Date _____

October 30th Day before Halloween

Tomorrow is Halloween! Are you planning anything special? Do you have your costume ready? Describe your Halloween plans in detail. OR, if you have no plans, tell about a Halloween celebration that enjoyed

Draw a picture of a fantastic Halloween costume.

October 31st {Reflection}

Think about the last month. Write about all the things you enjoyed learning. Think about a few little things that you would like to keep as memories and write them down now, so that even years later you can look back and remember.

On the other side of this page, glue or attach an article of any kind. Maybe you have a picture you would like to save. Maybe you had a really funny haircut this month and would like to save a piece of your hair. What about a really good piece of candy? Here is a great place to save the wrapper. Did you get any awards this month? Think of any simple thing you would like to keep, to remember later.