

Name \_\_\_\_\_ Date \_\_\_\_\_

My  
Journal  
for  
July



(year)

Name \_\_\_\_\_ Date \_\_\_\_\_

**July 1<sup>st</sup> Canada Day**

On July 1<sup>st</sup>, 1867, Canada became a confederation with only four provinces. A century later, another six provinces had joined them.

What do you know about Canada? Write about this country here.

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Draw a map of Canada.



**July 2<sup>nd</sup> July's birthstone is the ruby**

You are a doctor. Every year, you make several trips to Burma to help sick people. After several years of providing this service for free to the Burmese people, one village has decided to give you a gift. The gift is some land that has a mine on it. In this mine, you discover RUBIES! (Burma is most known for having the most precious rubies in the world). What will you do with the rubies?

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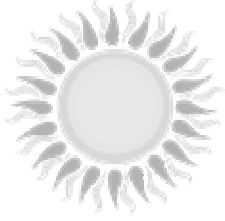
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Draw a picture of what you plan to do with the rubies.

**July 3<sup>rd</sup> Stay Out of the Sun Day**



The sun is extremely important to us, but it can also be harmful if we spend too much time in direct sunlight.

Your name is Sir Can. You are a sunshine expert. In 88 years of studying the sun, you have seen some patterns that link the sun to a certain type of skin cancer. Today you are giving a speech at a beach in Miami. What will you say?

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Out of curiosity, what does an 88 year-old wear to the beach on Stay Out of the Sun Day? Draw a picture of yourself as Sir Can, giving your speech.

Name \_\_\_\_\_ Date \_\_\_\_\_



### July 4<sup>th</sup> United States Independence Day

On July 4<sup>th</sup>, 1776 the United States declared independence from England by creating and signing the "Declaration of Independence". What does "independence" mean to you? How does a country stay independent?

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Make a card!

Be creative and think of a person whose job is to help keep the United States independent (for example, a soldier, a politician, etc.) It does not need to be someone you know.

On a fresh piece of paper, write them a "thank you" note and SEND IT! CONGRATULATIONS!!! You just brightened someone's day!



**July 5<sup>th</sup> -July is National Ice Cream Month**

Do you like ice cream? Why or why not? Imagine that you are writing to someone who has never eaten ice cream before. Describe the taste and texture of your favorite ice cream flavor. Now describe an ice cream sundae—what are the ingredients? What makes it taste so good?

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**Kick the Can Ice Cream!**

Mix 2 cups of cream with  $\frac{1}{2}$  cup sugar, and fresh strawberries or chocolate or any other favorite ice cream flavoring. Pour the mixture into a plastic zip bag. Place the zip bag into another zip bag and then into one more! Place the triple-sealed bag into a large coffee can with ice and 2 cups of salt rock. Use duct tape to seal the can closed. Now! Kick the can around for about 15-20 minutes. Open it up and enjoy your homemade ice cream!



**July 6<sup>th</sup> July's flower is the larkspur**

Your name is Sniff A. Lot. Your job is to make up the rules for calendars! You are allergic to July's flower, the larkspur. You have decided not only to change it but to create a completely new, never-before-seen flower! Describe what it will look like.

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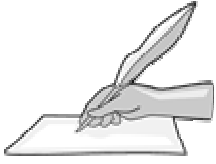
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Draw a picture of your new flower.

### **July 7<sup>th</sup> Macaroni Day**



Your name is Olive Newdles. This is your favorite holiday of the year! But someone wants to replace your holiday with Cactus Day! Write him a letter on why he must not get rid of your special day.

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### **Macaroni Art**

Place one cup of any shape of uncooked macaroni in a plastic zip bag. Add a few drops of food coloring and one tablespoon of vinegar to the bag. Zip the bag and gently shake till all of the macaroni is colored. Place the colored macaroni on a piece of wax paper and let dry overnight. Repeat with as many colors as you wish. Glue the colored macaroni to heavy paper (card stock or card board). Create different pictures with the macaroni, or thread a string through them to make fun bracelets (necklaces are not recommended, due to the risk of choking).



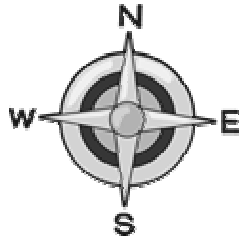








Name \_\_\_\_\_ Date \_\_\_\_\_



**July 12<sup>th</sup> go west today**

Stand up! Take five steps west. Congratulations! You have participated in Go West Day!

July is the month in which many countries, including the United States, claimed their independence.

Consider how important it was for people from the thirteen original colonies to go west and claim territory for the U.S. Write about how their decisions affected you.

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Draw a picture of what it might have looked like for families to start traveling west to claim new land.









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**July 16<sup>th</sup> --District of Columbia established, July 16, 1790.**

The District of Columbia is also called Washington, D.C. It is the capital of the United States, and features many beautiful landmarks and important government buildings, as well as national museums. If you went on vacation there, what would you see?

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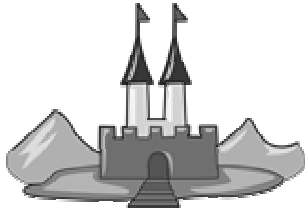
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Draw a picture of something you would like to see in Washington, D.C.

Name \_\_\_\_\_ Date \_\_\_\_\_

**17<sup>th</sup> Disneyland Opens (1955)**



What if a completely new Disneyland opened in your neighborhood today? Now you can go to Disneyland by just walking out your front door. Imagine that your family has free tickets. What will you do first? Write a journal entry about an imaginary day in your neighborhood Disneyland.

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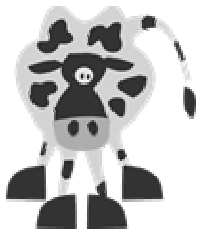
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Draw a picture of you and your family in Disneyland!



**July 18<sup>th</sup> Cow Appreciation Day**

*I've never seen a purple cow  
 I never hope to see one  
 But I can tell you anyhow  
 I'd rather see than be one.  
 -Gelett Burgess*

If a brown cow eats green grass, how does it make white milk? Use the Internet, the library, or your imagination to answer this question.

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Name \_\_\_\_\_ Date \_\_\_\_\_

**July 19<sup>th</sup> Samuel Colt, the firearms inventor, was born in 1814.**

How do you feel about his inventions?

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Draw a picture to illustrate your opinion.

### July 20<sup>th</sup>-National Ice Cream Day



July is National Ice Cream month and the third Sunday in July is National Ice Cream Day. Did you know that 90% of the U.S. population eat ice cream? Why would someone NOT eat ice cream? Can you think of a reason? Write about a reason that someone might not eat ice cream, and think of something equally fun for that person to do today.

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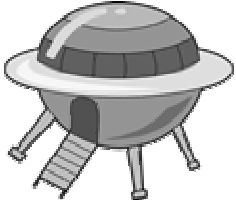
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Draw your ice cream alternative.

Name \_\_\_\_\_ Date \_\_\_\_\_

### July 21<sup>st</sup> - man on the moon

On July 21st, 1969, U.S. astronaut Neil A. Armstrong became the first person to walk on the moon.



Imagine that your name is \*#%@^, and that you are the leader of the moon and its inhabitants. What did you say and do when this crazy spaceship landed on your moon and such a strange creature came out of it?

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Draw a picture of yourself for Mr. Armstrong to take back to earth.



**July 24<sup>th</sup> Amelia Earhart Day**

*"Decide whether or not the goal is worth the risks involved. If it is, stop worrying."*

*-Amelia Earhart*

Amelia Earhart was born on July 24<sup>th</sup>, 1897. She was an American aviator and the first woman to fly across the Atlantic. She is a great demonstration of achieving one's goals. What is one of your goals? What actions will you take to achieve your goal?

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Draw a picture of yourself reaching your goal.

Name \_\_\_\_\_ Date \_\_\_\_\_

**July 25<sup>th</sup> George Stephenson successfully demonstrated a steam locomotive in 1814.**

The steam locomotive (train) was a great discovery. This invention used steam for energy instead of of only burning coal (fossil fuels).

Imagine that you are a scientist. You were responsible for the invention of the steam engine car. How are you going to convince the world to start buying steam engine cars instead of gas running engine cars?

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Draw a picture of your car.



Name \_\_\_\_\_ Date \_\_\_\_\_



**July 26<sup>th</sup> New York became a state in 1788**

Imagine that you are a journalist for the *New York Journal* in 1788! Write a story to celebrate the great event of your colony becoming a state.

OR

What would the U.S. be like if New York were not a state?

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Draw a picture of a New York landmark.

Name \_\_\_\_\_ Date \_\_\_\_\_



**July 27<sup>th</sup> Bugs Bunny Day**

It is Bugs Bunny's Day today. As his best friend, you are responsible for giving him the best party the world has ever known. What will you plan? Remember to invite the people and characters that he likes!

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Draw a picture of Bugs Bunny's face when he sees all the work you put into his party.

Name \_\_\_\_\_ Date \_\_\_\_\_



**July 28<sup>th</sup> -have a lemonade sale today**

One of the most important parts of business is planning ahead.  
What do you need to have a successful lemonade sale?

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Draw a sign to advertise your lemonade and make it look special.

Name \_\_\_\_\_ Date \_\_\_\_\_

**July 29<sup>th</sup>**. Tomorrow is Henry Ford's birthday. Henry Ford, the American car manufacturer, was born on July 30, 1863. He is also known for his design of the assembly line. How would the world be different if we had no cars?

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You have just invented a car that flies. Draw a picture of your new car.



**July 30<sup>th</sup> -Cheesecake Day**

Your name is Chef Pleasant Pastry. You are world famous for your amazing cheesecakes. You are a bit bored with the menu flavors. Today you will create a new flavor. What flavor of cheesecake will you use to surprise and delight your guests?

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**Monster Smash Cheesecake!**

With an electric mixer, mix one package of cream cheese in a large bowl till soft and spreadable. Add one container of non-frozen whipped cream, and 8-12 drops of green food coloring. Mix on high till well blended. Spoon mixture into a ready-made chocolate graham cracker pie crust. Spread, leaving a small crater in the middle of the pie. Pour cherry pie filling into the middle of the pie. Chill at least one hour before serving.

Name \_\_\_\_\_ Date \_\_\_\_\_

### July 31<sup>st</sup> Reflection

Think about the last month. Write about all the things you enjoyed learning. Think about a few little things that you would like to keep as memories and write them down now, so that even years later you can look back and remember.

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Glue or attach an article of any kind. Maybe you have a picture you would like to save. Maybe you had a really funny haircut this month and would like to save a piece of your hair. What about a really good piece of candy? Here is a great place to save the wrapper. Did you get any awards this month? Think of any simple thing you would like to keep, to remember later.