

Name _____ Date _____

My Journal for November

(year)

Name _____ Date _____



November 1st - Author's Day

Write a letter to one of your favorite authors. Tell that author which story is your favorite, and why.

Think about the last book you read. Draw a detailed picture of a scene from the story.

Name _____ Date _____



November 3rd - Sandwich Day

In the 1700s, a man (who was very busy at a table and didn't want to leave) asked his servant to bring him a sliced roll, with pieces of meat between the bread. Whether that was the first sandwich is not

known, but it is certain we named a now popular "fast food" after that busy man from long ago: John Montagu, the Earl of Sandwich.

Imagine that you walk into a famous sandwich shop. Today's special is "Your Favorite Sandwich": if you can describe it, they will prepare it for you. Using the most detailed description possible, tell the sandwich chef how to make your favorite sandwich.

Draw a picture of your sandwich.

Name _____ Date _____



November 4th - Election Day

Elections are held the first Tuesday after the first Monday in the month of November. Find out what the elections are about where you live. What is on the ballot? Look in a newspaper, or ask an adult to help you find this information.

Twelve horizontal lines for writing.

Draw a picture of people voting.

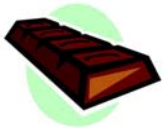
Name _____ Date _____

November is Aviation History Month

You have just been inducted into the Aviation Historical Museum for your invention of the:

Draw a picture of your invention and tell what it does.

Name _____ Date _____



November 7th - Bittersweet Chocolate with Almonds Day

More and more scientific studies say that bittersweet (or dark) chocolate may be good for you, because it contains antioxidants. Of course, you shouldn't eat TOO much chocolate!

Create a new candy bar with bittersweet chocolate and almonds. Give your candy bar a great name.

Name of candy bar _____

Design the candy wrapper of your candy bar.

BITTER SWEET TEAR DROPS

Pour 1 cup of semi-sweet chocolate chips into a microwavable bowl.
Add 3 teaspoons of shortening and 1 tablespoon of powder cocoa.
Microwave in 1-minute intervals until the chocolate is thin and melted.
Add 2-3 cups of roasted almonds.
Mix until all nuts are completely covered in chocolate.
Place each nut individually on wax paper.
Let set for about 10 minutes.
If chocolate is still soft, place in refrigerator for 5 minutes (not recommended because chocolate will change colors).

Name _____ Date _____

November is American Indian Heritage Month

The more than 500 native tribes of the United States, often referred to as “American Indians” or “Native Americans” have made a significant contribution to the development of the United States and to the rest of North America as well. November is a chance to consider the heritage, or traditions, of American Indians. Using reference materials and/or the Internet, learn about a part of American Indian culture that has become part of our shared American Heritage. Tell about it one American Indian tradition.

Draw a picture to go with your research.

Name _____ Date _____

November is American Indian Heritage Month

Recipe

****This is a parent participating project!*

INDIAN PUDDING

1 quart milk
2 tablespoons butter
1/2 cup cornmeal
3 eggs
1/2 cup sugar
1 tablespoon cinnamon
1-1/2 teaspoons ginger
1 teaspoon salt
1 cup molasses

Bring milk and butter to a boil. Add cornmeal and stir constantly until smooth, well blended, and slightly thickened. Remove from stove; add eggs, sugar, salt, cinnamon, ginger, and molasses. Mix well together and put into a baking dish about 2" deep. Cover with wax paper. Bake approximately one hour at 400 degrees in a pan of water or until wax paper can be lifted without pudding sticking to it. Serve hot with vanilla ice cream on top. Yield: 6. Cooking time: 45 minutes.

Name _____ Date _____



November 9th – Collapse of the Berlin Wall 1989

One of the symbols of this Cold War was the Berlin Wall, built in 1961, which separated the communist East Germany from the democratic West Germany. On November 9th, 1989, the Berlin Wall was torn down by people from both sides of the Wall, in an overwhelming celebration of the end of the Cold War.

Imagine that you lived in Germany in 1989. How would you feel about the wall coming down?

Draw a picture of the view to the other side through one of the first cracks in the Berlin Wall.

Name _____ Date _____

November is Good Nutrition Month

Is your diet generally healthy or unhealthy? How often do you think about nutrition? Write down what you ate today and compare it against the food pyramid. Was it a “good nutrition day”? If not, what could you have changed to make this day healthier?

Breakfast

Lunch

Dinner

Snacks

Draw a picture on the back of this paper of the foods you ate today.

Name _____ Date _____

November 11th - Veterans Day

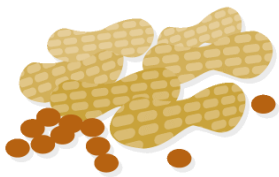
Veterans Day (celebrated somewhat differently as “Remembrance Day” in Canada, Australia, and Great Britain) originally commemorated the end of World War I. In the United States, it is now a day to honor all those who serve in the military, living and dead, from all wars and during peacetime.

Do you know any veterans? Write a letter to a veteran you know (or, if you don't know one, to any veteran).

Dear _____,

Sincerely,

Name _____ Date _____



November is Peanut Butter Lover’s Month

A typical U.S. household consumes one-half a pound of peanut butter every month. That’s a lot of peanut butter! The average American child will have eaten 1500 peanut butter and jelly sandwiches by high school graduation.

Do you like peanut butter and jelly sandwiches? What would make an even better peanut butter combination? Peanut butter and mayonnaise? Peanut butter and orange slices? Experiment with a different peanut butter sandwich and write about your results. If you can’t eat peanut butter, write about why not.

On the other side of this page, draw a picture of your peanut butter creation.

PEANUT BUTTER FUDGE

Pour 1 bag of peanut butter-flavored morsel chips into a microwavable bowl.
 Add 1 can of sweetened condensed milk.
 Microwave in 1-minute intervals until melted.
 Pour into a baking pan lined with wax paper or aluminum foil.
 Let set for 10-15 minutes.
 Enjoy!

Name _____ Date _____

November 13^h World Kindness Day

No act of kindness, however small, is ever wasted. –Aesop

Tell about a time when someone was kind to you.

What are some things you can do today to be kind to others?

****How about making dinner? That would be kind! Make sure everyone likes all of these ingredients before you start.*

CHEF SALAD

Pour a fresh 16oz bag of prepared salad mix into a bowl.

Add: ¼ cup of cubed ham, ¼ cup of cubed turkey, ½ cup of shredded cheddar cheese, ¼ cup of pineapple chunks, ¼ cup of mandarin oranges, ¼ cup of rice noodles, 1 cup of tomato wedges, 1 cup or cucumber slices, ¼ cup of raisins, ¼ cup of bacon bits, and ½ cup of seasoned croutons.

Mix all the ingredients well.

Dinner is served!

Name _____ Date _____

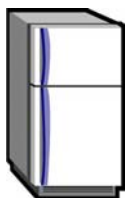
November is Pepper Month



Peppers are relatively low in calories, but rich in vitamins and minerals. Peppers can be spicy, like chile peppers, or sweet, like bell peppers. Do you like peppers? Why or why not?

Draw a picture of some peppers.

Name _____ Date _____



November 15th National Clean Out Your Fridge Day

The holiday season is approaching, so it's a good time to clean out the fridge. By yourself or with a parent, clean out your fridge. Before you do it, list from memory which items are in your fridge. Afterwards, check your guesses. Did you remember everything? Did you find anything that everyone had forgotten about for a while (ewww)? Why do you think it might be important to clean out the fridge?

Draw a picture of your fridge "before" and "after".

Before	After

Name _____ Date _____

November 16th the third week in November is American Education Week



Many people help you learn. There are parents, teachers, substitute teachers, and principals; there are also cafeteria workers, school bus drivers, and teachers' aides. Who do you think has had the most positive effect on your education? Why do you think so?

Draw a picture of someone helping you learn.



November 17th Homemade Bread Day

A long time ago, if you wanted bread you had to make it yourself. Now, bakeries do most of our baking for us. While the convenience is wonderful, it is also true that few things in the world smell as wonderful as a house filled with the scent of baking bread.

What do you think of homemade bread? If you aren't sure, try the bread recipe below. Does it taste better than store-bought bread? Why do you think so?

*****This is a parent participating project!***

60 MINUTE DINER ROLLS

- 1 cup milk
- 1 cup water
- 1/4 cup butter
- 4-5 cups all-purpose flour
- 3 T sugar
- 1 tsp salt
- 2 pkgs. active dry yeast

Combine milk, water and butter in a small saucepan. Heat over low heat until liquids are very warm to the touch, about 120 degrees. The butter does not need to melt completely. In a mixer bowl, place 3 cups of the flour, along with the remaining dry ingredients. Mix on low speed until well blended. Gradually add the warm milk mixture. Mix until well blended.

Gradually begin adding the remaining 1 to 2 cups of flour, 1/2 cup at a time, until the dough is firm, clings to the hook, and cleans the sides of the bowl. Turn out onto counter top and knead a few times. Place in a large greased bowl and allow to rise in a warm place for 20 minutes. Turn out, and divide into rolls or loaves, whichever you choose. Place bread in a warm place and allow to rise for another 20-30 minutes. Bake in a 425-degree oven for 10-12 minutes or until golden brown. Brush with butter while still warm to produce a nice soft crust.

Name _____ Date _____

November 18th Mickey Mouse's Birthday

In 1928, the film "Steamboat Willie" was released. This is considered to be Mickey Mouse's "birthday". Walt Disney, the creator of Mickey Mouse, is generally considered to be one of the greatest illustrated filmmakers. Many people admire Disney for bringing traditional fairy tales to modern children through rich and colorful animation.

What is your favorite Disney film? _____

Why is this film your favorite?

Draw a picture of Mickey Mouse or another Disney character.

November 19th – Lincoln delivered the Gettysburg Address

Over 140 years ago, on November 19th, President Abraham Lincoln delivered the Gettysburg address.

Four score and seven years ago our fathers brought forth, upon this continent, a new nation, conceived in Liberty, and dedicated to the proposition that all men are created equal.
Now we are engaged in a great civil war, testing whether that nation, or any nation, so conceived, and so dedicated, can long endure. We are met here on a great battlefield of that war. We have come to dedicate a portion of it as a final resting place for those who here gave their lives that that nation might live. It is altogether fitting and proper that we should do this.
But in a larger sense we can not dedicate -- we can not consecrate -- we can not hallow this ground. The brave men, living and dead, who struggled, here, have consecrated it far above our poor power to add or detract. The world will little note, nor long remember, what we say here, but can never forget what they did here. It is for us, the living, rather to be dedicated here to the unfinished work which they have, thus far, so nobly carried on. It is rather for us to be here dedicated to the great task remaining before us -- that from these honored dead we take increased devotion to that cause for which they here gave the last full measure of devotion -- that we here highly resolve that these dead shall not have died in vain; that this nation shall have a new birth of freedom; and that this government of the people, by the people, for the people, shall not perish from the earth.

What do you think “all men are created equal” means?

Name _____ Date _____

November 21st - World Hello Day

Try to learn how to say "hello" in as many languages as you can find. Write down the different spellings. Which languages do you like saying "hello" in the best?

Language	Say "hello"
English	Hello

Draw a picture of yourself visiting the country of the language you most like to speak.

Name _____ Date _____

November 22nd Start Your Own Country Day

If you could be the ruler of your own country, what would some of your most important rules be?

Name of country _____

Our Rules

Draw a picture of yourself as the ruler of your country.

Name _____ Date _____

Fourth Thursday in November: Thanksgiving

Thanksgiving is often a time to be with family. It is a time to be thankful for family, friends and good health. Many people have turkey dinners. Others have other traditions. How does your family celebrate Thanksgiving?

Complete this poem.

I am thankful for _____

I am thankful for _____

I am thankful for _____

But, most of all,

I am thankful for _____

Name _____ Date _____

November 28th is Red Planet Day

Mars is called the Red Planet. When viewed from the earth the planet appears to have a reddish glow. The surface of Mars is covered with rocks that contain iron. These rocks become rusty and are reddish in color. Man has not been to Mars. Would you like to go to Mars or another planet? What do you think it would be like to travel to Mars?

Draw a picture of yourself traveling to Mars.

